Chamber members may submit articles by the 20th of each month to be included in the next chamber newsletter. Articles written may be edited or reduced as space provides.

Contact: walcottchamber@gmail.com

WALCOTT CHAMBER OF COMMERCE
P. O. Box 388
Walcott, IA 52773

Business Spotlight
Rock Valley Physical Therapy

This month the Walcott Chamber spotlights our newest member, Rock Valley Physical Therapy. Rock Valley Physical Therapy was founded in 1986 by Steve Layer and features 52 clinics covering seven regions throughout Iowa and Illinois. For our spotlight, the Chamber wishes to focus on the newest clinic right here in Walcott and on this clinic’s therapist, Alison Warnecke, PT, DPT.

Alison chose physical therapy as a profession because she enjoys helping individuals overcome challenges to achieve goals for living a healthier and happier life. She received her Bachelor of Science degree from Iowa State University in Ames and her Doctor of Physical Therapy degree from the University of Mary Hardin-Baylor in Belton, TX.

Alison started as a physical therapist with Rock Valley Physical Therapy in 2019. She has been treating patients of all ages, but she especially enjoys treating orthopedic conditions and geriatric populations. She is certified in the LSVT Big program, specializing in helping people with Parkinson’s disease improve their movement and quality of life.

Rock Valley Physical Therapy is an organization of care-providers, led by care-providers, who firmly believe in the mission to improve the health of the communities it serves. Their motto is “Making Better Lives”. Recently, Rock Valley Physical Therapy earned the 2021 Top Workplaces USA award, issued by Energage, a purpose-driven organization that develops solutions to build and brand Top Workplaces. This is their fifth such honor in the past five years.

At the Walcott clinic, Alison will be providing physical therapy services for a variety of conditions including orthopedics, sports injuries, neurologic conditions, generalized weakness, geriatrics, workers comp, balance and fall prevention, LSVT Big for Parkinson’s disease, and chronic pain.

Originally from Williamsburg, Alison now resides in Walcott. She is an active member of the American Legion Auxiliary, Nu Zeta Sorority and Calvary United Methodist Church. She joined the Chamber of Commerce because she wanted to belong to an organization that benefits the Walcott community and its local businesses. Outside of work, Alison enjoys spending time with her husband Wade, daughter Anna, and dog Bubba. They recently moved into a family home in the heart of Walcott that has been in the Warnecke family since 1957 and are busy with home renovations.

The new clinic will be located in the Burt Clinic of Chiropractic at 790 N. Main Street and will be open on August 2. The clinic will be open 3 days a week to start but will progress to a 5-day week. Currently the hours will be Monday, 8:20 am to 5:40 pm, Wednesday, 7 am to 3:40 pm and Friday, 7 am to 3 pm.

There will be a Ribbon Cutting Ceremony to welcome Rock Valley Physical Therapy on August 13 at 8:30 am. Alison invites you to call for an initial evaluation today so she can make your life better! Phone 319-279-2790 or email Alison.warnecke@rockvalleypet.com. No referral is needed, and a wide variety of insurances are accepted.
Reminders to Walcott Residents

Grass Clippings
It is illegal to blow or place grass clippings on streets. This can create hazardous road conditions for cyclists and can block storm water intakes.

Dogs
When a dog is off the owner’s premises, it must be leashed if not confined within a vehicle or crate. The owner is also responsible for cleaning up and properly disposing of the dog’s waste.

Building permits
Building permits are required when any activity occurs that includes construction, repair, alteration, remodeling, conversion, moving, or demolition of a structure. This includes roofing, siding, fences, pools, and other accessory structures. Electrical, mechanical, and plumbing permits are required for installation, repair, or alteration of any plumbing, electrical, heating, or air conditioning system. If you hire a contractor, please make sure that a permit is obtained. Call the Building Official, Scott Bengfort at 284-6571 extension 18 for information on the permit process and fee schedule.

School Begins
August 23
Walcott School will be starting classes on August 23rd. Please watch for increased traffic, children walking and biking to school, and obey the temporary STOP signs at the intersection of Main and James Streets.

Public Notice
The Walcott City Council is accepting applications for a vacancy on the Planning & Zoning Commission. Applications can be found at www.cityofwalcott.com and at Walcott City Hall. The City Council will make both appointments during their meeting on Sept. 7, 2021. The term is through 12/31/22. To be considered for an appointment, submit a completed application to Walcott City Hall or email to lrickertsen@cityofwalcott.com by 4:30 p.m. on September 7. All applicants must be residents of the City of Walcott and be at least 18 years of age. Applications are subject to the open record laws of the State of Iowa.

Food Truck at S&V Fence
1101 N Main St, Walcott
Schedule for August

Chuckies Tenderloins
Monday, August 9, 11:00 a.m. to 2:00 p.m.
Ribbon Cutting Ceremony for S&V Fence held on July 21

On July 21, the City of Walcott and the Walcott Chamber of Commerce held a Ribbon Cutting Ceremony to welcome S&V Fence to Walcott. Pictured are Karla Burt (holding the “First Dollar” certificate), Amy Shimp, Jason Shimp, Mayor John Kostichek (cutting the ribbon), Kelli Burke, Scott Shimp, and Councilman Larry Smith.

Walcott Chamber Looking for Help

The Walcott Chamber needs a newsletter editor and treasurer to maintain the books, do billing and to pay the bills. Bookkeeping is currently on QuickBooks and the database and membership information is on Microsoft Access. Access can easily be converted to a spreadsheet format in Excel if you prefer spreadsheets. All the editing for the newsletter is done in Microsoft Word. All files and bookkeeping and bank statements are up to date, so no backlog of work is needed to be done. This is a volunteer job, there is no compensation for the work. If you are interested in getting involved with the Walcott Community, this is for you. Will train. Please call Linda at 563-370-8718 or email to walcottchamber@gmail.com.

Walcott Day Queen and Princess Crowned

The winners of the Walcott Day Queen and Princess contests were McKenna Ware, Queen and Ashlyn Burt, Princess. McKenna’s parents are Robert and Melissa Ware. Ashlyn’s parents are Dr. Austin and Kari Burt.

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Walcott Legion & Auxiliary
members
For further information,
call 529-5559

Walcott Historical Society
We would like to thank everyone who loaned artifacts or helped us with this year’s Walcott Day exhibit. Without your help, we would not have been able to present these exhibits to our community. Also, we’d like to thank the Cedar County Historical Museum, Tipton, Iowa for allowing us to display some of their military collection in our exhibit, “A Salute to Our Veterans”. If you missed seeing it on Walcott Day, call to schedule your appointment now. Call Karen, 563-284-6438 or Sherry Roberts, 563-284-6863.
The Moving Wall Coming to Solon
August 12 - 16

The Moving Wall is coming to Solon, Iowa. There will be an escort from Coralville to Solon at 8:00 a.m. and viewing starts at noon on August 12. Viewing will be open 24 hours a day until it ends on August 16 at 1:00 p.m. A short ceremony will be held Saturday, August 14 at 10:00 a.m. and a reading of names from Johnson and surrounding counties will be held on August 16 at 10 a.m. The Moving Wall is a half-size replica of the Vietnam Veterans Memorial in Washington, D.C. for those who do not have the opportunity to go to Washington. For additional information, visit the Solon Post 460 website at solonamericanlegionpost460.com.

Walcott Day Pie Baking Contest Results

Forty-one apple pies were entered in the 39th Annual Walcott Day Pie Contest. Emily Lyon was selected Grand Champion. The highest selling pie was baked by Mary Lincoln. Her pie was bought by Walcott Community Club for $700. They then resold it to Thirsty’s on 3rd for $375. They also resold it to Koberg Brothers for $325. The total amount raised this year was $19,150, beating the former record auction amount by $2,925.

Additional Winners:

Senior Division
1st - Emily Lyon
2nd – Joan Martz
3rd – Kyle August
4th – Michael Hackback
5th – Ben Nelson

Junior Division
1st - Evelyn August
2nd – Seeley & Declan Adams
3rd – Allison Toft
4th – Isaac August
5th – Avery Tapke

For Cruise-In info contact Chris Eicher (563) 889-2916
For Bags sign-up contact Terry Lawson (563) 370-1560
Have an article to submit to the Walcott Chamber of Commerce Newsletter?

Does your organization have an event to post in the newsletter?

Want to advertise your business?

Please email to: walcottchamber@gmail.com or mail to Walcott Chamber of Commerce, PO Box 388 Walcott, IA 52773

PLEASE NOTE:
THE DEADLINE FOR THE SEPTEMBER ISSUE IS AUGUST 20!

Tell your friends & neighbors that the Walcott Chamber Newsletter is published monthly and can be found on the first of each month at the following locations:

B & D Automotive
Burt Clinic of Chiropractic
Casey’s General Store
CBI Bank & Trust
Dollar General
Sandy’s Hair Fair
Scott County Library
S & V Fence
Walcott City Hall
Walcott Mutual Insurance
Images In Ink, Durant

Angels Among Us
Submitted by Linda Titus

In my life’s journey with Jesus, I have heard many stories concerning heavenly angels among us here on earth. I even have some of my own, but I want to tell you one that is near and dear to my heart—one that undoubtedly concerns God’s use of an angel to comfort my good friend Sheila.

Sheila and I have been life-long friends, well at least since high school which seems a lifetime ago! She has two grown children, a son, Blake and a daughter, Lauren. Back in 2002, when Blake was 22, he became ill and went to the doctor, who prescribed antibiotics for him. The kids had planned to go to a truck mudding show with their dad and Blake decided that it would be ok for him to go anyway. At the event, the sun shined on Blake’s face and Lauren and her dad noticed that Blake was actually glowing yellow! This prompted another visit to the doctor, and he was admitted to the hospital. Blake called his mom to tell her that he had been admitted to the hospital where he had numerous tests. After three days of being in the hospital in the “unknown zone,” the tests ultimately led to a diagnosis of non-Hodgkin’s lymphoma with a tumor on his liver. His liver was starting to fail him.

Sheila went to the hospital’s chapel and prayed for Blake. She prayed hard. She prayed that God would heal Blake. She told God that she was not mad at Him and promised God she would not become angry with Him, no matter what the outcome. She held on to her faith and she trusted God. She held eight days of visiting Blake and praying for him. She was extremely upset, anxious, worried, and frantic that she might lose her son to cancer. When the diagnosis came that Blake had large-cell non-hodgkin’s lymphoma, the doctor jumped for joy and began to clap because he did not have small-cell, which would mean a liver transplant. With the possibility of Blake being treated with chemo Sheila was filled with the sense of renewed hope and the possibility that God had heard her prayers. However, with Blake’s first treatment of chemotherapy, he became extremely ill from it and went into convulsions, frightening Sheila and crushing her hopes. Once he got through the effects of the chemo, Blake was released from the hospital to face a regimen of outpatient chemo treatments.

When Blake’s treatments were scheduled to begin, Sheila went with him. While the staff was preparing him with a port for the chemo treatments, Sheila went into the large waiting room. She wanted to be alone, and noticed a small area designated for children to play and she wandered over to that area. There before her was a lamp on a table. She sat down and spotted a small card with her name on it, leaning on the lamp! She picked up the card and under her name was the scripture found in Joshua 1:9 (KJV) and she read it, “Be strong and of a good courage; Be not afraid, neither be thou dismayed: for the LORD thy God will be with thee whithersoever thou goest.”

Sheila had been in a fragile state since Blake became ill, she could not help but start to cry. Her emotions ran wild. She looked around at the people. She wondered how that card got there under that lamp and thought, “who could have put the card in that particular spot?” Nobody she knew was aware that she was at the clinic, and she knew no one working at the clinic. She did not recognize anyone in the waiting room either.

She showed some of the staff at the facility what she had found, and they were amazed and surprised. However, a few of them stated that they see many miracles at the facility but were stunned at such a much-needed blessing. She now knew for sure that God had heard her prayers. An angel must have left that card just for her, and there was absolutely no other explanation for it.

Blake has completely recovered from his bout with cancer. God has healed him, and he just celebrated another birthday. Sheila has kept this card in her Bible and looks at it occasionally. It reminds her that God “is with her wherever she goes” and that yes, there are angels among us.

“Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go.” Joshua 1:9 NIV
On those occasions when I think I’m going to become a runner again, I start a run/walk plan. I begin jogging, and I pick a point on the road to jog to and once I reach it, I can walk. I think to myself, I can make it to the sign, I can make it to the sign, and I always do. Why? Because I have set a goal, a reasonable goal, but one that pushes me, and I’ve kept my focus on that goal. When a beginner gets on the back of a horse the first few times, it’s very common for them to stare at the head of the horse and look at the ground in front of them. This doesn’t help anyone. The horse can feel every move you make on their back, and you focusing on a goal actually helps to guide them to that goal. In fact, when barrel racing, one wants to look beyond and to the side of the barrel, not directly at it when looking to your next goal, otherwise you could run right into it, or miss your turn. This would then add a penalty to your time. What is your focus in life? What do you spend your time thinking about, looking at, and listening to? What are you putting in your brain, and what are you filling your time with? These are the things that shape our lives, who we are, how we think, and how we interact with others. The more we fill our time and our energy thinking about the things of God, the more our focus will be on God. The more our focus is on God, the more Christ will fill us with hope and joy and peace, and it will spill out onto others. Philippians 4:8 says, “Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.” So, let’s keep our eyes fixed on the goal. Let’s focus on those things that are excellent and praiseworthy. Let’s continue to care for those around us and share the love of Christ at every turn. Let’s keep our focus on the one who offers abundant life to us and through us. Will you join me this month fixing our eyes on Jesus?
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Dr. Samantha Duplak, OD

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